

	Activity 1	Activity 2
Monday	<p>Watch and listen to our story of the week ‘It Starts with a Seed.’</p>	<p>Plant some cress seeds and watch them grow.</p> <p>Make some sandwiches using your freshly grown cress,</p>
Tuesday	<p>Go on a sensory walk with an adult. Can you spot any early signs of spring? Can you see any shoots or buds?</p>	<p>Sensory play: Can you explore different fruits and find any hidden seeds?</p>
Wednesday	<p>Play a Maths game</p>	<p>Paint or draw a picture of any plants/flowers/tress that you spotted on your walk</p>

Thursday	Watch this video about plants germinating	Listening game
Friday	Go to the park and play a ball game	Share your favourite story with your grown up