CGS Virtual Events

KS1 Football



Click or Scan the QR codes to see the set-up guide and a video example



Event information

- Set up a little area where you will carry out the
- Have your items and bottles already set up ready for dribbling round and knocking over
- Time each skill for 30 seconds, record your score on each station and video your attempts. Upload your video to the entry form and social

Equipment needed

- Yourself and a video camera, make sure you have permission to use the camera!
- A football
- Household items to dribble round
- Household items to try and hit whilst passing

Please make sure you have read...

Scan or click the QR code for advice on how to stay safe online



Send your entries by scanning the QR code or clicking the link

https://bit.ly/2L1cUM9



Get Involved

Space

Increase the distance between the household items depending on how easy you find it. Close the space to challenge yourself

> **Equipment** Make sure you're allowed to use the household items. Need a football as well

Task

How many of each skill can you achieve in 30 seconds?

People

Can you challenge family members?

